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Malewa Bush Ventures is set in the stunning natural landscape of the Rift Valley on the banks of the Malewa River, adjoining a wildlife conservancy. This is an original, challenging and fun teambuilding day that can be tailored to suit, in terms of timings or content. Easily accessible from Nairobi.

(EXAMPLE) ONE DAY TEAM BUILDING PROGRAMME USING LOW AND HIGH ROPE CHALLENGES

Welcome and refreshments (optional full breakfast buffet)

Introduction and programme briefing by professional Malewa Bush Ventures facilitators.

Ice breakers on the lawns.

Low Ropes Course – Team challenges:

The following low rope challenges are designed to develop teamwork through shared goals requiring good communication, decision making and leadership where appropriate.

Great Traverse
Spiders Web
The High Wall
The Cure
Traffic Jam

Lunch A variety of delicious dishes with ingredients sourced where possible from the local community, and freshly prepared by our own chefs.

High Ropes - Individual challenges:

In a safe and controlled setting, with a variety of tasks, individuals are encouraged to explore their limits.

Wrap up debrief and reflection.

In addition to the day programme, there is the option of staying overnight at the Malewa campsite with relaxed sundowners, and BBQ round a campfire. Groups often find this really cements the experience of the day. Optional music and dancing!

Notes:

Participants should bring hat/cap, water bottle (at least 1 ltr), and wear comfortable clothing/shoes for the activities. Ladies should wear suitable clothing for outdoor activities and climbing (skirts/dresses are not ideal for outdoor elements).